

**Covington High School**  
**COUGAR ATHLETIC HANDBOOK 2018 - 2019**

This Athletic Handbook was created to inform parents, coaches, and athletes of all procedures, policies, rules, and expectations for all athletic programs at Covington High School. All parents and student-athletes must sign the form below acknowledging that you have received, understand, and will abide by all regulations set forth in this handbook. All handbook procedures become effective on the first day of tryouts and remain effective thereafter.

To try to reduce paper usage in the athletic department, we encourage everyone to download the handbook from our athletic webpage [www.covington.k12.va.us](http://www.covington.k12.va.us). Return the signed form (page 2) to your coach. If you don't have access to the student athletic handbook online, please contact the athletic department to receive a hard copy.

By signing below, I am acknowledging that I have read, understand, and agree to abide by all terms and conditions of the Covington High School Cougar Athletic Handbook for the 2018 - 2019 school year.

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date Signed \_\_\_\_\_

Athlete Name (Print) \_\_\_\_\_

Athlete Signature \_\_\_\_\_

Date Signed \_\_\_\_\_